**Press Release**

Salzburg, date

Dear Madam/Sir,

The European Sexual Medicine Network (ESMN) is an international network of researchers, practitioners, and educators representing over 30 countries (<https://www.esmn-cost.eu/>). The ESMN is a non-profit COST Action (Cooperation in Science and Technology), funded by the Horizon 2020 Framework Programme of the European Union.

The ESMN’s fundamental objective is to improve sexual health through the following aims:

1) open doors of opportunity to scientists to advance the field

2) prepare sexual medicine curricula for university education

3) build public understanding that sexual health and sexual medicine are important to the health and well-being of people everywhere.

At this moment we would like to inform you about a scientific publication authored by ESMN scientists. Professor Patricia Pascoal and her co-workers recently published an article in the International Journal of Environmental Research and Public Health. It reports on a transdiagnostic approach to sexual distress and sexual pleasure. Looking at distress related to sexual difficulties and to (lack of) sexual pleasure from a transdiagnostic viewpoint present a new and innovative approach. You might want to inform your readership with the news that this article brings.

The full reference is: Pascoal, P. M., Raposo, C. F., & Roberto, M. S. (2020). A Transdiagnostic approach to sexual distress and sexual pleasure: A preliminary mediation study with repetitive negative thinking. International Journal of Environmental Research and Public Health, 17(21), 7864. <https://doi.org/10.3390/ijerph17217864>

Your sincerely,

Dr. Marianne Greil-Soyka,

Chair of the European Sexual Medicine Network