**Introductory text on social media for ESMN podcast**

Check out the new podcast of professor Patricia Pascoal on the website of the European Sexual Medicine Network (<https://www.esmn-cost.eu/>). Please scroll down and find the podcast there. Patricia Pascoal reports on a transdiagnostic approach to sexual distress and sexual pleasure. Looking at distress related to sexual difficulties and to (lack of) sexual pleasure from a transdiagnostic viewpoint present a new and innovative approach.

The European Sexual Medicine Network (ESMN) is an international network of researchers, practitioners, and educators representing over 30 countries (<https://www.esmn-cost.eu/>). The ESMN is a non-profit COST Action (Cooperation in Science and Technology), funded by the Horizon 2020 Framework Programme of the European Union.

The ESMN’s fundamental objective is to improve sexual health through the following aims:

1) open doors of opportunity to scientists to advance the field

2) prepare sexual medicine curricula for university education

3) build public understanding that sexual health and sexual medicine are important to the health and well-being of people everywhere.

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Chair of the European Sexual Medicine Network