Project:

European Curriculum in Sexual Health and Sexual Medicine for Medical and Psychology Students

Proposal by Working Group 3 COST ESMN

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| 1. **What are the competencies students in medicine and psychology should acquire during their education and training?**
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| [ ]  The student has knowledge and understanding of the meaning and different dimensions of sexual health and the large variety of sexual expression[ ]  The student is able listen to understand and provide basic counselling to women and men suffering from problems with their sexuality from adolescence to older age |
| **1a) What are the elements of knowledge the student should be able to learn (Learning objectives):** |
| [ ]  Know about the different components and international definitions of sexual health [ ]  Know about and understand the anatomy and physiology of the human sexual response[ ]  Know about and understand the anatomy and physiology of the human sexual response[ ]  Know about Sexual Development, Sexual Education and the impact of the Internet and Media [ ]  Know about the main threats to sexual health and the possible protection and prevention[ ]  Know about the main sexual dysfunctions, the contributing factors and available solutions [ ]  Know about the impact of diseases on sexual health and available solutions[ ]  Know about the needs of people with specific sexual orientation, gender dissatisfaction sexual minorities  |
| **1b) What are the skills:** |
| [ ]  Taking a sexual history [ ]  Providing basic counselling about what is known about the problem, the possible contributing factors, and the solutions available[ ]  Referring  |
| **1c) Please comment and add missing points:** |
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| 1. **Which timeframe would you consider necessary and realistic for teaching knowledge and skills?**
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| **Knowledge:**Absolute Minimum:       hoursOptimum:       hoursFeasible taking into account the present situation of medical and psychology curricula  |
| **Skills training:** Absolute Minimum:       hoursOptimum:       hoursFeasible taking into account the present situation of medical and psychology curricula  |
| 1. **Which teaching methods would be the most appropriate?**

 **What is your experience?** |
| **Live Lectures (Teachers from the respective institution using the provided material and modifying it if wanted):**[ ]  No [ ]  Yes If yes: [ ]  8-10 topics (1 hour per topic)  [ ]  Other **Slides:**[ ]  No [ ]  Yes If yes: [ ]  with slides made by experts [ ]  slides made by experts and didactic professionals Comment:      **Video Lectures (Discussion moderated by local teachers):**[ ]  No [ ]  Yes If yes: [ ]  8-10 topics (1 hour per topic)  [ ]  Other Comment:     **Skills training (Sexual history taking Counselling):**[ ]  No [ ]  YesIf yes:[ ]  Scripts for role play [ ]  Videos with examples provided and discussion with the local teachers[ ]  Group work with simulated patients locally organized Comments:      |
| 1. **Would you evaluate the implemented curriculum?**
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| [ ]  Yes [ ]  No**If yes (How would you evaluate the implemented curriculum?):**[ ]  Short exam with questions to the students to assess learning success[ ]  Feedback questionnaire [ ]  with discussion [ ]  without discussion  |