Project:

European Curriculum in Sexual Health and Sexual Medicine for Medical and Psychology Students

Proposal by Working Group 3 COST ESMN

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| 1. **What are the competencies students in medicine and psychology should acquire during their education and training?** |
| The student has knowledge and understanding of the meaning and different dimensions of sexual health and the large variety of sexual expression  The student is able listen to understand and provide basic counselling to women and men suffering from problems with their sexuality from adolescence to older age |
| **1a) What are the elements of knowledge the student should be able to learn (Learning objectives):** |
| Know about the different components and international definitions of sexual health  Know about and understand the anatomy and physiology of the human sexual response  Know about and understand the anatomy and physiology of the human sexual response  Know about Sexual Development, Sexual Education and the impact of the Internet and Media  Know about the main threats to sexual health and the possible protection and prevention  Know about the main sexual dysfunctions, the contributing factors and available solutions  Know about the impact of diseases on sexual health and available solutions  Know about the needs of people with specific sexual orientation, gender dissatisfaction sexual minorities |
| **1b) What are the skills:** |
| Taking a sexual history  Providing basic counselling about what is known about the problem, the possible contributing factors, and the solutions available  Referring |
| **1c) Please comment and add missing points:** |
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| 1. **Which timeframe would you consider necessary and realistic for teaching knowledge and skills?** |
| **Knowledge:**  Absolute Minimum:       hours  Optimum:       hours  Feasible taking into account the present situation of medical and psychology curricula |
| **Skills training:**  Absolute Minimum:       hours  Optimum:       hours  Feasible taking into account the present situation of medical and psychology curricula |
| 1. **Which teaching methods would be the most appropriate?**   **What is your experience?** |
| **Live Lectures (Teachers from the respective institution using the provided material and modifying it if wanted):**  No  Yes If yes:  8-10 topics (1 hour per topic)  Other  **Slides:**  No  Yes If yes:  with slides made by experts  slides made by experts and didactic professionals  Comment:    **Video Lectures (Discussion moderated by local teachers):**  No  Yes If yes:  8-10 topics (1 hour per topic)  Other  Comment:    **Skills training (Sexual history taking Counselling):**  No  Yes  If yes:  Scripts for role play  Videos with examples provided and discussion with the local teachers  Group work with simulated patients locally organized  Comments: |
| 1. **Would you evaluate the implemented curriculum?** |
| Yes  No  **If yes (How would you evaluate the implemented curriculum?):**  Short exam with questions to the students to assess learning success  Feedback questionnaire  with discussion  without discussion |